

***Before the lesson, please***

Arrive for your lesson in good time and well organised with all that you need.  
Change into uniform and firmly tie ballet shoes.  
Remove all jewellery for safety.  
Secure hair off the face, preferably in a bun.  
Ensure that you take the opportunity to visit the lavatory.

***During the lesson***

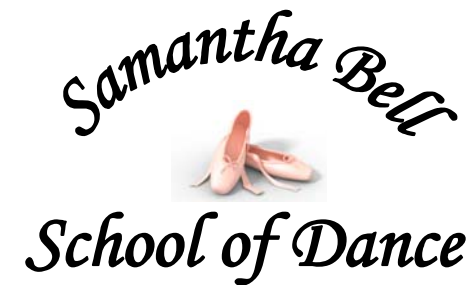
Pupils are encouraged to have fun within good behavioural limits.

Eating is not permitted, although bottled water may be consumed.

Parents: At the end of the lesson, please come into the classroom to collect your child.

**Dance:**

- ❖ Improves co-ordination, balance and flexibility
- ❖ Develops rhythm and rudimentary musical theory from an early age
- ❖ Provides stimulation from varied social interaction through classes and performances
- ❖ Builds self-esteem and confidence
- ❖ Encourages discipline, motivation and self-control
- ❖ Gives a sense of achievement through attaining self-set goals or official examinations



*The Samantha Bell School of Dance is dedicated to providing quality education in a range of dance styles and theatre arts. The school is affiliated to the Council for Dance Education and Training through the Professional Teachers of Dance and the National Association of Teachers of Dance.*

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## Values

- ❖ Promote dance in all its forms
- ❖ Nurturing and supportive environment
- ❖ Realising individual potential
- ❖ Promote a continuous learning environment
- ❖ Provide opportunities to perform and take exams
- ❖ Maintain reasonable prices

## Classes

### Twinkle Toes – An Introduction to Dance and Drama

For children aged 2 ½+. Children take their first steps in ballet and tap with music and stories which teach the positions of the feet whilst co-ordination and balance are encouraged. Children will love the imaginative games used to develop independence, deportment and confidence. A fun and friendly atmosphere where parents are welcome to stay and watch. Rainbow awards may be taken if desired; these are a simple introduction to the examination structure.

### Ballet, Tap and Jazz

**Pre-preliminary/First Steps classes** are structured for children aged 4 -5 who have developed their dance sufficiently to take their Class Exam. This is a more formal introduction to the examination structure in preparation for the higher classes.

**Preliminary Classes** are structured for children aged 6+ who will go on to develop their basic dance discipline. Rhythm, strength, musicality, balance and co-ordination are gained. Students may take examinations when ready.

**Graded Classes** are structured for children aged 7+ and follow the structure of the NATD syllabus providing good technique, knowledge and enjoyment of dance through ballet and free work. Tap and Jazz develops strong, flexible and musical dancers.

## Musical Theatre

**Preparatory Classes** are structured for children aged 5+ learning drama, mime, singing and a range of dance styles including jazz, modern and stage tap. Rainbow awards may be taken if desired; these are a simple introduction to the examination structure. Examinations may be taken when students are ready.

**Junior Classes** are structured for children aged 8+ learning drama, mime, singing, stage presence, poise, speech and a range of dance styles including jazz, modern and stage tap. Examinations may be taken when students are ready.

**Street Dance** classes are energetic and fun-filled, suitable for beginners and those with some dance experience alike. This class aims to build strength, flexibility and rhythm. Students are actively encouraged to build on their own choreographic skills and styles, building confidence and performance technique. Students will need a tracksuit and trainers to participate as some floor work is involved. Children should also bring a bottle of water.

Preparing for examinations gives students a strong sense of achievement, develops self-esteem, confidence and precision. Students also take part in school shows, fetes and competitions which encourage team-building skills.

### Uniform

For the convenience of the students, all uniform, shoes and accessories can be purchased through the school.

### Fees

New students are permitted to pay weekly for the first term. Thereafter, fees must be paid termly in advance.

### Private Tuition

Private tuition is available in all subjects and may be 'shared'. Please ask for details.

### Special Needs

Everyone is welcome at the school, including children with any special needs. Performance awards and examinations can still be taken. Please discuss any special needs with the school before the lesson.